



Whitewater Canoe Course



**Aged between 14 and 18?
Whitewater course
15th—19th February 2010
Cost: £200 per person**

This is a fantastic opportunity to experience the thrills and ‘spills’ of whitewater canoeing. Tackling the exciting rivers of South Wales, in either kayak or canoe. Be prepared to get wet and face the challenge! We try to balance the all important coaching alongside adventure.

Based on the edge of the **Brecon Beacons** National Park, **Trewern Activity Centre** is perfectly situated to provide a whitewater canoe course that you will never forget!

This course is suitable for Duke of Edinburgh’s Award Gold Participants wishing to complete their Residential and also counts towards canoe physical recreation points for all awards.

The cost of this course includes instruction, all specialist equipment, full board accommodation and pick up from the Borough

Complete the booking form overleaf and return it to Trewern with a £50 deposit as soon as possible.

www.trewern.org

TREWERN TERMS AND CONDITIONS

CANCELLATION FEES

Cancellations should be made in writing.
More than 12 weeks notice—deposit only
Less than 12 weeks notice—Total fee

Courses run by Trewern outside term time may be cancelled if there are insufficient students. In this instance all fees will be refunded.

LOSS

Loss of specialist equipment by students must be paid for at replacement cost.

ALTERATIONS

Alterations to the programme may occasionally be necessary due to inclement weather. Appropriate alternative activities will be offered.

INSURANCE

Trewern O.E.C. carries mandatory insurance relating to third parties. Please note, however, that this policy is not an insurance against claims for loss of personal possessions, injury, accident, loss of deposit or full course fee UNLESS negligence is proved against the Centre. Therefore, we strongly recommend that you ensure that you have your own personal insurance to cover all contingencies.

REGULATIONS AND REQUIREMENTS

Must be observed as these are made for reasons of safety.

Return to:

**TREWERN OUTDOOR CENTRE, CUSOP, HAY-ON-WYE
HEREFORDSHIRE HR3 5RF**

Phone: 01497 820512 Fax: 01497 820056

Email: office@trewern.bardaglea.org.uk

www.trewern.org

Students Whitewater canoe course February 15th-19th 2010

NAME _____

ADDRESS _____

ADDRESS _____ **POST CODE** _____

TEL: _____ **Year group and School -**

EMAIL _____

PAYMENT ENCLOSED _____

I have read and accept the Terms & Conditions

Parent/Guardian Signature _____
(if under 18)